

# European Grief Conference

Bereavement and Grief in Europe  
the Emerging Perspectives & Collaborations

21-23 September 2022 · Copenhagen, Denmark



**EGC**

EUROPEAN GRIEF  
CONFERENCE





# Welcome

We are pleased to welcome you to the inaugural European Grief Conference (EGC), taking place in Copenhagen, Denmark, September 21st – 23rd, 2022.

The title of the conference is ‘Bereavement and Grief in Europe – Emerging Perspectives & Collaborations’.

The conference is hosted by the Danish National Center for Grief in partnership with the Bereavement Network Europe (BNE), Aarhus University, and the Irish Hospice Foundation.

**Her Royal Highness Crown Princess Mary** of Denmark, who experienced the loss of her mother at a young age and who is patron of the Danish National Center for Grief, will open the European Grief Conference 2022 in Copenhagen with a recorded welcome address.

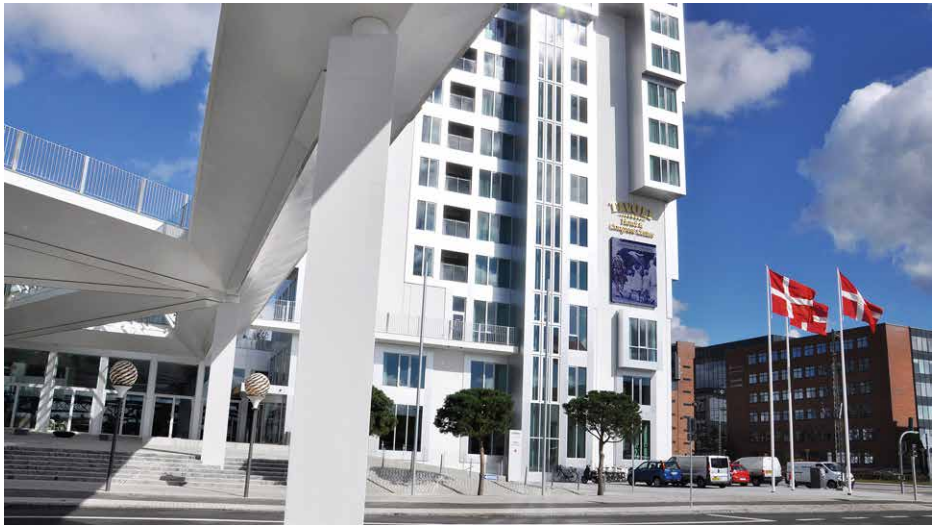


**The VISION** of the European Grief Conference – Copenhagen 2022 is to bring together European researchers, practitioners, and educators to learn, share and plan a culturally sensitive response to bereavement and grief across Europe.

**The PURPOSE** is to share knowledge and inspire collaboration in order to advance bereavement care in Europe. The conference will be structured around the four-tiered needs-based bereavement care model inspired by the evidence-based public health model as advanced by NICE (UK), Samar M Aoun, and others. The EGC partners credit the Irish Hospice Foundation for developing the three-tiered pyramid model of types of bereavement care, on which EGC has expanded.

Consequently, we hope to appeal to a broad audience, consisting of researchers, practitioners, and educators from various disciplines and practice sectors.

## Conference venue



The conference will be held at:

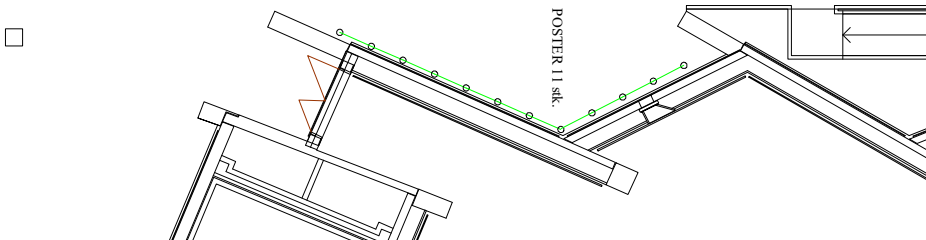
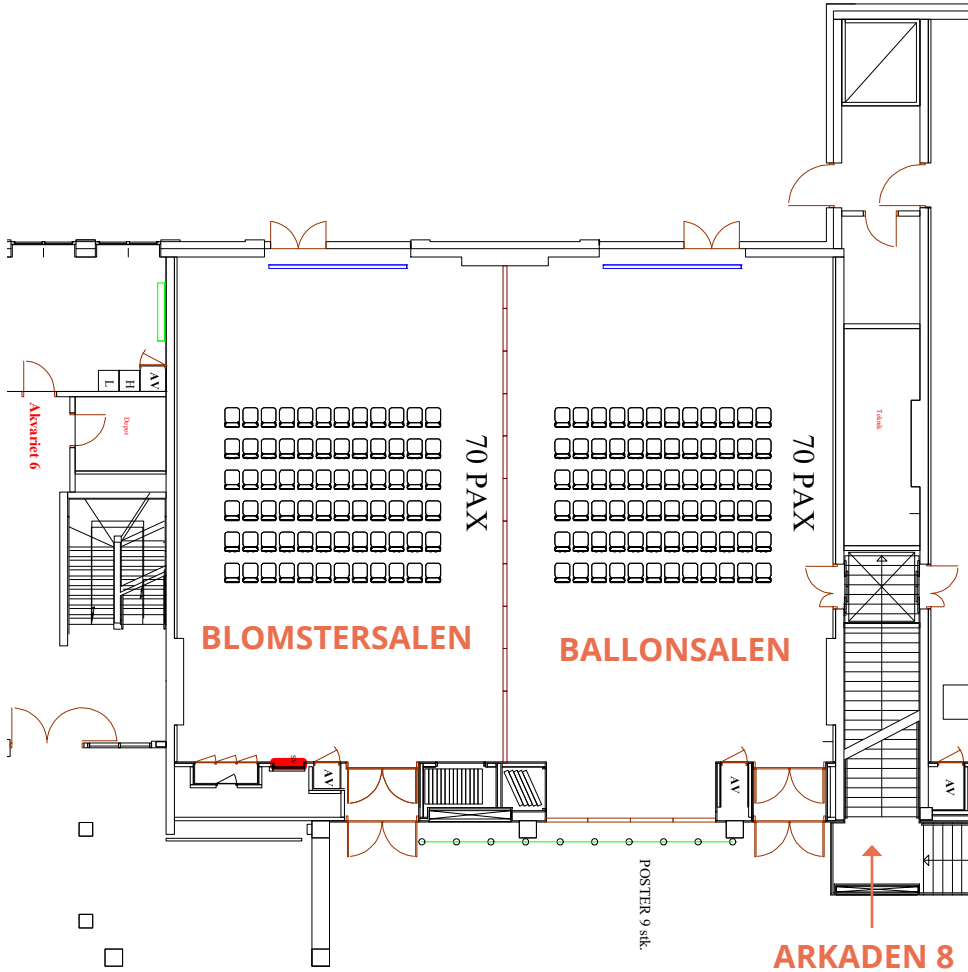
TIVOLI CONGRESS CENTER, COPENHAGEN  
ARNI MAGNUSSONS GADE 2  
1577 COPENHAGEN V

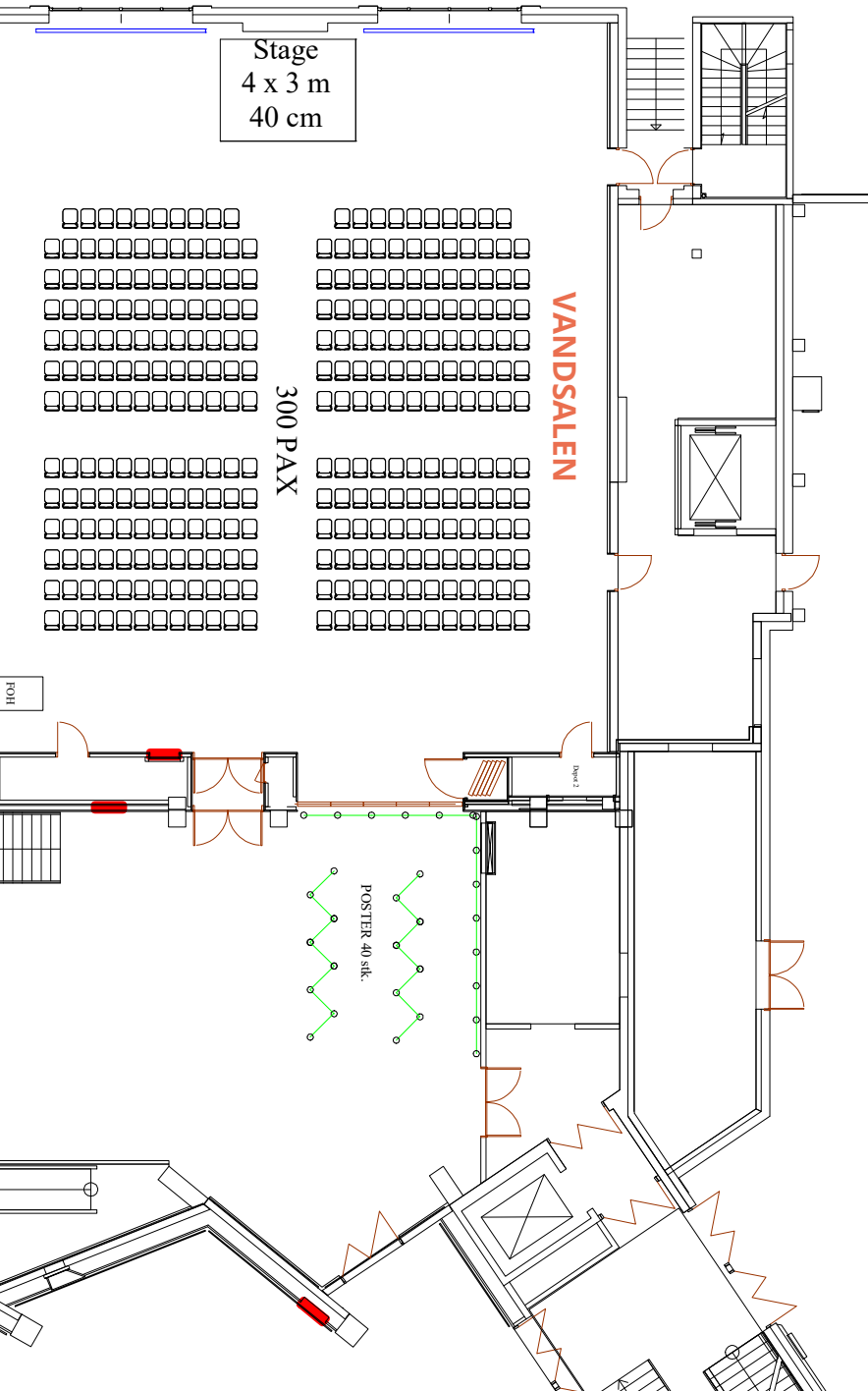
[www.tivolicongresscenter.com](http://www.tivolicongresscenter.com)

Tivoli Congress Center is designed by the acknowledged architect Kim Utzon

Med støtte fra  
**TrygFonden**

European Grief Conference 2022 in Copenhagen is supported by the Danish Foundation TrygFonden







## Keynote speakers

### Level 0: Society: Grief Literacy, Advocacy & Community (societal grief literacy & awareness)



**Prof. Dr. Brady Wag- oner** received his PhD from the University of Cambridge and is currently Professor of Psychology and Co-Director of the Centre for Cultural Psychology at

Aalborg University, Denmark. His research focuses on the cultural foundations of mind as a meaning-making process, with an emphasis on memory, visual culture, social change and health decision making. Over the last five years, he was involved in a Danish project on the 'culture of grief,' where he explored how memorial sites are designed to express collective grief. His books include *The Constructive Mind* (Cambridge University Press, 2017), *Handbook of Culture and Memory* (Oxford University Press, 2018) and *Remembering as a Cultural Process* (Springer, 2019). He has received a number of prestigious awards, including the Humboldt Research Award from the Alexander von Humboldt Foundation, the Sigmund Koch Award from the American Psychological Association and the Lucienne Domergue Award from the Casa de Velázquez, as well as held research fellowships in the France, the Netherlands and Spain.



**Dr. Allan Køster** is Senior Researcher at the Danish National Center for Grief and works at the intersection between philosophy, psychology and the medical humanities. His

research focusses on the existential-phenomenological dimensions of human suffering in both psychological states and somatic illness. Over the past years he has been a central contributor to the emerging field of developing a "phenomenology of grief". Between 2016-2020 he was part of the Danish research project the 'culture of grief' where he investigated issues of identity, embodiment and affect in early parental bereavement. More recently, he has researched the experiences of being subjected to extra-ordinary isolation protocols in Intensive Care Units during early stages of COVID-19 in collaboration with anesthesiologists. A central focus across all research topics is the ambition of articulating the tacit and embodied dimensions of lived experience. He has published widely on topics such as the phenomenology of grief, phenomenological psychopathology, the medical humanities, embodiment and narrative and has held research fellowships in Germany and the USA. Most recently he is editor of the volume *The Cultural, Existential and Phenomenological Dimensions of Grief Experience* (Routledge 2021).



## Level 1: Normal Grief: General Awareness & Support (general support & Information)



**Amber Jeffrey** is a celebrated podcast host and online community facilitator. Her work & podcast, *The Grief Gang*, specialises in breaking down the stigma around the topic that is grief one conversation at a time. By sharing her own experiences of loss as well as the stories of others on both her show and online platforms. Through Amber's dedicated and passionate voice she has gone on to deliver talks & panel discussions at the University of Cambridge and Westminster for the UK commission on bereavement. The podcast has gained traction in its life span of 3 years and has been recognised and amplified by many news & media outlets such as The BBC, Vogue, Women's health, The Guardian and many more. With interviews on Woman's hour, Channel 5 & BBC 1Xtra, Amber is no stranger to being behind the mic and delivering compelling, insightful and humorous interviews. Amber is on a mission to get the country and further afield comfortable with talking about death, dying and grief. Her slogan to her podcast reads: "Welcome to the gang... the one you never asked to be part of". For something that is so concrete in life, why are we so bad at it? Amber thrives off

these conversations and enjoys peeling back the layers and the nuances of grief.



**Dr. Lucy Selman** is Associate Professor in Palliative and End of Life Care at the University of Bristol, England, and Founding Director of Good Grief Festival, a public engagement initiative which has reached over 25,000 people since October 2020 and received global media attention. The vision for the online festival arose out of her professional interests as well as her personal experiences of grief: her second daughter was stillborn in 2018 and the festival was inspired by this loss. Good Grief provides solace and support to bereaved people as well as a platform for Dr Selman's programme of research in bereavement and compassionate communities. She leads a research group at the University of Bristol and has published extensively on experiences of serious illness; decision-making and communication; family care-giving and bereavement; and widening access to services.





## Level 2: Bereavement Support: Prevention & Risk Factors (extra support)



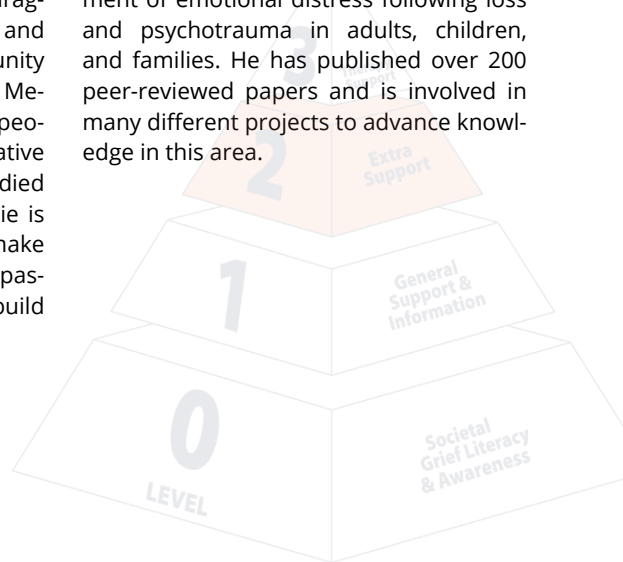
**Debbie Kerslake** was Chief Executive of the charity Cruse Bereavement Care, the largest bereavement charity in the UK, which has over 5,000 volunteers providing bereavement

support, face-to-face, via phone and online. Since retiring in 2018, Debbie has become a member of the International Workgroup on Death, Dying and Bereavement (IWG); a Community Researcher with the University of Birmingham and a Board Member of Brum YODO, a Community Interest Company which encourages conversations about death, dying and bereavement. Debbie was the community engagement lead for Brum YODO's In Memoriam encouraging children, young people, and adults to get engaged in creative activity to remember those who have died during the Covid-19 pandemic. Debbie is currently part of a group working to make Birmingham, where she lives, a compassionate community, finding ways to build support around those at end of life.



**Prof. Dr. Paul A. Boelen** is full Professor of clinical psychology, at the faculty of Social and Behavioural Sciences at Utrecht University. He also works as a psychotherapist at ARQ Cen-

trum'45 and as Professor at ARQ National Psychotrauma Centre. Paul is licensed supervisor and cognitive behavioural therapist with the Dutch Association for Cognitive and Behavioural Therapy. His research is mainly focused on the assessment, underlying mechanisms, and treatment of emotional distress following loss and psychotrauma in adults, children, and families. He has published over 200 peer-reviewed papers and is involved in many different projects to advance knowledge in this area.







## Level 3: Complicated grief reactions: Diagnosis & Treatment (therapy support)



### Prof. Dr. Birgit Wagner

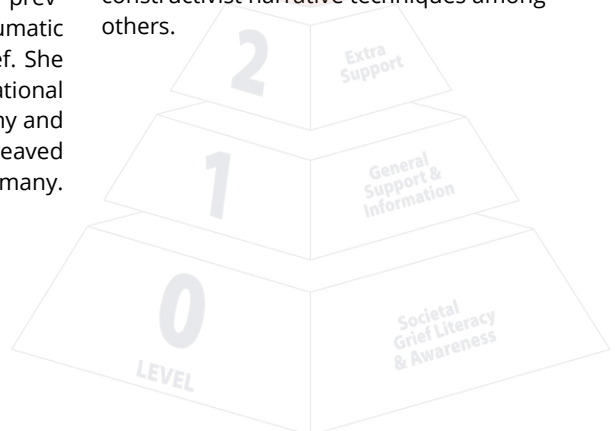
completed her psychological education at the Free University Berlin and received her PhD at the University of Zurich, Switzerland. Since 2013 she is Professor

of clinical psychology and behavioral therapy at the Medical School Berlin. She has an extensive expertise in implementation of new technologies in the field of traumatic stress disorder and prolonged grief disorder. Dr. Wagner has been principal investigator on a large number of controlled trials involving internet-delivered psychotherapy in Germany, Switzerland and Arab conflict regions. She was also involved as principal investigator in prevalence studies in the field of posttraumatic stress disorders and prolonged grief. She is a member of the board of the national Suicide Prevention Program Germany and scientific board member of the Bereaved parent and sibling association in Germany.



**Alba Payàs** is psychotherapist with 30 years of experience working with end of life and bereaved families. Director of the Institut IPIR, Barcelona, Spain, an institution devoted to

support of bereaved individuals and families, and training professionals. Director of MsC Bereavement counseling and intervention (IL3-University of Barcelona), a two-year program oriented to intervention for acute and complicated grief with a multidisciplinary approach, and a relational-integrative model of intervention that includes somatic approaches for trauma, CBT, emotional focused therapy, and constructivist narrative techniques among others.





## Special keynote speaker



### **Anastasiia Sydorenko** **Ukraine**

works as research fellow at Aarhus Institute of Advanced Studies, Aarhus University. She was an Assistant Professor of Bogomolets National Medical University at Kyiv, Ukraine before the war started. Dr. Anastasiia Sydorenko received her PhD in Clinical Psychology from Kharkiv Medical Academy of Post-graduate Education in Ukraine. She is a researcher and certified psychotherapist in Emotionally Focused Therapy. Her research has focused on comprehensive psychological support for patients with heart disease and their loved ones, as well as the prevention of emotional burnout in medical staff.





# Programme

Time	VANDSALEN (plenary room)	BALLONSALEN	BLOMSTERSALEN	ARKADEN 8
<b>WEDNESDAY 21 SEPTEMBER 2022</b>				
12.00-17.00	<b>Pre-conference events</b>			
16.00-18.00	<b>Registration is open and submission of slides for oral presentations at Tivoli Congress Center</b>			
19.00-20.30	<b>SOCIAL PROGRAMME:</b> Welcome Reception at Copenhagen City Hall hosted by Copenhagen City Council. Please note that the reception will start punctually at 19.00 (pre-registration required)			
<b>THURSDAY 22 SEPTEMBER 2022</b>				
7.00-8.30	<b>Registration is open and submission of slides for oral presentations, Tivoli Congress Center. Coffee will be served</b>			
9.00-9.30	<b>Official Opening EGC2022 in the <b>PLENARY ROOM</b>:</b>			
	<b>1. The Organizers - welcome</b>			
9.30-10.00	<b>2. Her Royal Highness Crown Princess Mary of Denmark</b> Recorded Inaugural Speech to the EGC2022 delegates			
	<i>Maja O'Connor AU introduces special keynote speaker:</i> <b>Anastasiia Sydorenko MD, PhD</b> , Ukraine research fellow at Aarhus Institute of Advanced Studies, Aarhus University. <b>Title:</b> My Ukraine: inside and outside the war.			
10.00-11.00	<i>Lene Larsen DNCG introduces level and keynote speakers:</i>			
	<b>Level 0:</b> Society: Grief Literacy, Advocacy & Community (societal grief literacy & awareness) ( <b>PLENARY ROOM</b> )			
11.00-11.15	<b>Keynote speakers: Professor Dr. Brady Wagoner (DK) &amp; Dr. Allan Køster (DK)</b> <b>Title:</b> Grief as an existential and social experience.			
	<b>11.00-11.15</b> <b>Hanging of Posters for Levels 0-1 - go to the registration desk for assistance.</b>			
<i>Coffee on the go / move to next location</i>				



Time	VANDSALEN (plenary room)	BALLONSALEN	BLOMSTERSALEN	ARKADEN 8
11.15-12.45	<b>RESEARCH</b>	<b>PRACTICE</b>	<b>POLICY &amp; EDUCATION</b>	<b>WORKSHOP</b>
	<i>Co-chairs:</i> Birgit Wagner and Yasmine Chemrouk	<i>Co-chairs:</i> Eleftheria Ralli and Xenia Stylianou	<i>Co-Chairs:</i> Alison C.F. Penny and Amanda Roberts	<i>Chair:</i> Sacha Richardson
11.15-11.35	<b>Germany: 13</b> The impact of police behavior during death notifications on mental health of the bereaved.  <i>Presenter:</i> <i>Birgit Wagner</i>	<b>Greece: 219</b> Connections – Supporting school communities in the shadow of the pandemic.  <i>Presenter:</i> <i>Eleftheria Ralli</i>	<b>Germany: 42</b> Grief Literacy: How to take it into practice and education.  <i>Presenter:</i> <i>David Roth</i>	<b>United Kingdom: 27</b> When Words Are Not Enough - creative approaches to grief will focus on responses to grief using film and photographic extracts from the work in <a href="http://www.thegoodgrief-project.co.uk">www.thegoodgrief-project.co.uk</a> .  <i>Presenter:</i> <i>Jane Harris</i>
11.35-11.55	<b>Sweden: 99</b> Bereavement after death in Sweden.  <i>Presenters:</i> <i>Inger Benkel and Annika Olsson</i>	<b>Italy: 177</b> Informal support to the bereaved before and during the pandemic scenario: a qualitative study on the experience of family and other informal agents in Italy.  <i>Presenter:</i> <i>Tiziana Marinaci</i>	<b>Denmark: 143</b> Bereaved adults in Denmark - The socioeconomic consequences.  <i>Presenters:</i> <i>Mette Vinter and Majbritt Skov</i>	
11.55-12.15	<b>France: 189</b> The first results of Covidueil-France: the pandemic and the need to preserve funeral rites.  <i>Presenter:</i> <i>Yasmine Chemrouk</i>	<b>Cyprus: 31</b> "Am I an expert?" Teachers' professional development on Death Education.  <i>Presenter:</i> <i>Polyxeni Stylianou</i>	<b>United Kingdom: 194</b> 21 years of the Childhood Bereavement Network - working together to support grieving children in the UK.  <i>Presenters:</i> <i>Alison C.F. Penny and Gail Precious</i>	<b>Ireland: 148</b> The Arts & Creative Engagement Experiential Workshop will explore how creative engagement can encourage deeper conversations about dying, death, and loss, especially during a crisis.  <i>Presenter:</i> <i>Elizabeth Hutcheson</i>



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	RESEARCH	PRACTICE	POLICY & EDUCATION	
12.15-12.35	<p><b>Switzerland: 165</b> Opportunities and challenges in bereavement care implementation research.</p> <p><i>Presenter: Rahel Naef</i></p>	<p><b>Ireland: 188</b> National public bereavement information and support campaign in response to the COVID-19 pandemic.</p> <p><i>Presenter: Orla Keegan</i></p>	<p><b>Ireland: 195</b> Development of a national framework for bereavement care. A structure to support policy and planning in Ireland.</p> <p><i>Presenter: Amanda Roberts</i></p>	
12.45-13.00	<p><b><i>Hanging of Posters for Levels 2-3 - go to the registration desk for assistance</i></b></p> <p><i>Lunch in the lobby and poster area</i></p>			
13.00 -14:00	<p><b>POSTER PRESENTATIONS</b> <b>Presenters will be presenting 30 posters in the lobby at 13.00-14.00.</b></p>			
	<p><b>Level 0:</b> Society: Grief Literacy, Advocacy &amp; Community</p>		<p><b>Level 1:</b> Normal Grief: General Awareness &amp; Support</p>	
14.00-15.00	<p><i>Orla Keegan IHF introduces level and keynote speakers:</i></p>			
	<p><b>Level 1: Normal Grief: General Awareness &amp; Support (general support &amp; Information)</b></p>			
	<p><b>Keynote speakers Amber Jeffrey (UK) &amp; Dr. Lucy Selman (UK) (PLENARY ROOM)</b>  <b>Title i:</b> The Grief Gang: How finding community helped my grief  <b>Title ii:</b> Good Grief Festival: Supporting, engaging and empowering bereaved people</p>			
<p><i>Coffee on the go / move to next location</i></p>				
15.15-16.45	RESEARCH	PRACTICE	POLICY & EDUCATION	
	<p><i>Co-chairs:</i> Kristine Berg Titlestad and Christine O'Dowd-Smyth</p>	<p><i>Co-chairs:</i> Fiona Murphy and Eva Zsak</p>	<p><i>Co-chairs:</i> Denisha Killoh and Daniela Nogueira</p>	NO PRESENTATION
15.15-15.35	<p><b>Norway: 53</b> The END project – studies of bereaved by drug-related death, service provision and knowledge translation.</p> <p><i>Presenter: Kristine Berg Titlestad</i></p>	<p><b>United Kingdom: 149</b> "One chance" - SWAN End of Life (EoL) and Bereavement Care model.</p> <p><i>Presenter: Fiona Murphy</i></p>	<p><b>United Kingdom: 184</b> Redesigning childhood bereavement support: The perspective from Scotland.</p> <p><i>Presenter: Denisha Killoh</i></p>	



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	RESEARCH	PRACTICE	POLICY & EDUCATION	
15.35-15.55	<p><b>Norway: 56</b> "Nothing to mourn, he was just a drug addict".</p> <p><i>Presenter: Lillian Bruland Selseng</i></p>	<p><b>United Kingdom: 192</b> - Sensed presence experiences of deceased family members: A cross-cultural pilot study.</p> <p><i>Presenters: Edith Maria Steffen, Anne Austad and Pablo Sabucedo.</i></p>	<p><b>United Kingdom: 20</b> - The UK Commission on Bereavement- experiences of bereavement across the UK.</p> <p><i>Presenters: Gail Precious and Alison Penny</i></p>	NO PRESENTATION
15.55-16.15	<p><b>Ireland: 253</b> Grieving in Lockdown Ireland during the Pandemic: A Hospital Chaplain's Perspective, Ireland.</p> <p><i>Presenter: Christine O'Dowd-Smyth</i></p>	<p><b>Hungary: 134</b> Opportunities and challenges for perinatal bereavement care in Hungary.</p> <p><i>Presenter: Eva Zsak</i></p>	<p><b>Portugal: 137</b> The AURORA@ COVID19-EU project: an articulated response for the bereaved impacted by the Covid-19 outbreak through a strategic partnership in European countries.</p> <p><i>Presenter: Daniela Nogueira</i></p>	
16.15-16.35	<p><b>Germany: 145</b> Thinking and talking of the experiences with the deceased.</p> <p><i>Presenter: Justina Pociunaite</i></p>	<p><b>Ireland: 160</b> Resources to empower parents support young children after a suicide death.</p> <p><i>Presenter: Maura Keating</i></p>	<p><b>Ireland: 112</b> Supporting front line health workers experiencing grief in Covid-19 through digital eLearning resources.</p> <p><i>Presenter: Catherine Tierney</i></p>	
16.45-17.15	<p><b>POSTER PRESENTATIONS</b> <b>Presenters will be presenting all posters in the lobby at 16.45-17.15</b></p>			
	<p><b>Level 0:</b> Society: Grief Literacy, Advocacy &amp; Community</p>	<p><b>Level 1:</b> Normal Grief: General Awareness &amp; Support</p>	<p><b>Level 2:</b> Bereavement Support: Prevention &amp; Risk Factors</p>	<p><b>Level 3:</b> Complicated grief reactions: Diagnosis &amp; Treatment</p>



Time	VANDSALEN (plenary room)	BALLONSALEN	BLOMSTERSALEN	ARKADEN 8
18.30	<b>SOCIAL PROGRAMME:</b> Depart from Tivoli Congress Center for a canal boat tour that will take you to the conference dinner venue			
19.30-22.30	<b>SOCIAL PROGRAMME:</b> Dinner & Networking at the Admiral Hotel, Toldbodgade 24-28, 1253 København			
<b>FRIDAY 23 SEPTEMBER 2022</b>				
8.30-9.00	<b>Arrival at Tivoli Congress Center &amp; Coffee will be served</b>			
9.00-10.00	<i>Maja O'Connor AU introduces level and keynote speakers: (PLENARY ROOM)</i>			
	<b>Level 2:</b> Bereavement Support: Prevention & Risk Factors (extra support)			
	<b>Keynote speakers Ms Debbie Kerslake (UK) and Professor Dr. Paul A. Boelen (NL):</b> <b>Title i:</b> Providing extra support for those bereaved - creatively, collaboratively and compassionately. <b>Title ii:</b> A cognitive behavioural perspective on Prolonged Grief: What we now understand and still need to learn. (PLENARY ROOM)			
<i>Coffee on the go / move to next location</i>				
10.15-11.45	<b>RESEARCH I</b>	<b>PRACTICE</b>	<b>POLICY &amp; EDUCATION</b>	<b>RESEARCH II : Grief in times of COVID-19</b>
	<i>Co-chairs: Sofie Mørk and Anneke Vedder</i>	<i>Co-chairs: Linda Machin and Martin Lytje</i>	<i>Co-chairs: Mette Vinter and Gail Precious</i>	<i>Co-chairs: Bettina Doering and Eunice Barbosa</i>
10.15-10.35	<b>Denmark: 14</b> Grief trajectories in bereaved parents following the loss of a child in pregnancy, birth, or the neonatal period. How is gender, type of loss and previous losses associated with resilience and Prolonged Grief? Data from a Danish longitudinal follow-up study.  <i>Presenter: Sofie Mørk</i>	<b>United Kingdom: 176</b> Nurturing resilience - integrating a theoretical model of loss, an associated assessment tool and a practice approach to working with grief.  <i>Presenter: Linda Machin</i>	<b>Denmark: 120</b> Mobilizing a multi-disciplinary workforce to support bereaved people in Denmark.  <i>Presenter: Lene Larsen</i>	<b>Germany: 87</b> Changes in themes of grief counselling during the COVID-19 pandemic: A mixed-methods study.  <i>Presenter: Bettina Doering</i>



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	<b>RESEARCH I</b>	<b>PRACTICE</b>	<b>POLICY &amp; EDUCATION</b>	<b>RESEARCH II : Grief in times of COVID-19</b>
10.35-10.55	<p><b>The Netherlands: 158</b> Grief: The missing part. Reviewing what we know about loneliness in grief and finding what we still miss</p> <p><i>Presenter: Anneke Vedder</i></p>	<p><b>Ireland: 98</b> A national community-based bereavement support service for bereaved parents: the invisible process behind service development.</p> <p><i>Presenter: Sharon Vard</i></p>	<p><b>United Kingdom: 227</b> Financial and welfare provision for children bereaved of a parent in Europe.</p> <p><i>Presenter: Alison C.F. Penny</i></p>	<p><b>Portugal: 175</b> The grief and bereavement and the pandemic by COVID-19: A transnational study on its impact on well-being.</p> <p><i>Presenter: Eunice Barbosa</i></p>
10.55-11.15	<p><b>Norway: 146</b> Experiences of Norwegian mothers attending an online course of therapeutic writing after the unexpected loss of a child.</p> <p><i>Presenter: Olga Lehmann</i></p>	<p><b>Sweden: 83</b> A Feasibility Study of the My Grief App for Prolonged Grief in Bereaved Parents in Sweden.</p> <p><i>Presenter: Rakel Eklund</i></p>	<p><b>Ireland: 199</b> Bereavement Care – a European social and psychological model?</p> <p><i>Presenters: Orla Keegan and Irene Murphy</i></p>	<p><b>The Netherlands: 76</b> Unguided online treatment of persistent complex bereavement disorder, posttraumatic stress, and depression in adults bereaved during the COVID-19 pandemic: a randomized controlled trial.</p> <p><i>Presenter: Lyanne Reitsma</i></p>
11.15-11.35	<p><b>Ireland: 162</b> Developing a model of support for Resource Officers for Suicide Prevention in Ireland: findings from a participatory action research study.</p> <p><i>Presenter: Siobhán Mc Brearty</i></p>	<p><b>Denmark: 41</b> When young children grieve: daycare children's experiences when encountering illness and loss in parents.</p> <p><i>Presenter: Martin Lytje</i></p>	<p><b>Denmark: 50</b> National implementation of volunteer bereavement support in Denmark.</p> <p><i>Presenters: Mette Finnedal and Dennis Larsen</i></p>	<p><b>Germany: 169</b> A call to action: Evaluating Covid related measures with regard to bereavement.</p> <p><i>Presenters: Heidi Mueller and Alison C.F. Penny</i></p>
<i>Lunch in the lobby (bring your lunch along to the poster area)</i>				





Time	VANDSALEN (plenary room)	BALLONSALEN	BLOMSTERSALEN	ARKADEN 8
12.00 -13.00	<b>POSTER PRESENTATIONS</b> <b>Presenters will be presenting 29 posters at 12.00-13.00</b>			
	<b>Level 2:</b> Bereavement Support: Prevention & Risk Factors		<b>Level 3:</b> Complicated grief reactions: Diagnosis & Treatment	
13.00-14.30	<b>Level 3:</b> Complicated grief reactions: Diagnosis & Treatment (therapy support), Oral presentations:			
	<b>RESEARCH I</b>	<b>PRACTICE</b>	<b>POLICY &amp; EDUCATION</b>	<b>RESEARCH II</b>
	<i>Co-chairs: Edith Maria Steffen and Lisbeth Hybholt</i>	<i>Co-chairs: Line Engel Clasen and Antoinette Stanbridge</i>	<i>Co-chairs: Amanda Roberts and Nikola Gazzo</i>	<i>Co-chairs: Pål Kristensen and Lonneke Lenferink</i>
13.00-13.20	<b>Denmark: 124</b> Learning from the experts: A co-operative inquiry approach to explore grief processes in bereaved adults.  <i>Presenter: Lisbeth Hybholt</i>	<b>United Kingdom: 7</b> Therapeutic outcome measure use in an online bereavement counselling service (OBCS).  <i>Presenter: Linda Machin</i>	<b>Germany: 97</b> We need a uniform EU regulation for paid bereavement leave.  <i>Presenter: Nikola Gazzo</i>	<b>Norway: 205</b> 10 years since Utøya: What have we learned about grief after terror?  <i>Presenter: Pål Kristensen</i>
13.20-13.40	<b>Ireland: 210</b> Adapting complicated grief therapy for people with intellectual disabilities and enduring mental health difficulties.  <i>Presenters: Emma Conway and Damian O'Riordan</i>	<b>Spain: 217</b> Empty-Chair task for unfinished business in prolonged/ complicated grief.  <i>Presenter: Jose Garmoneda</i>	<b>Ireland: 110</b> Responding to suicide bereavement in the workplace – Developing national resources for employers and unions.  <i>Presenter: Orla Keegan</i>	<b>Netherlands: 77</b> New tools to assess DSM-5-TR and ICD-11 prolonged grief disorder in research and practice: Research in about 1000 bereaved people.  <i>Presenter: Lonneke Lenferink</i>
13.40-14.00	<b>The Netherlands: 198</b> Co-occurrence of approach and avoidance behaviour in Prolonged Grief: A latent class analysis.  <i>Presenter: Maarten C. Eisma</i>	<b>Denmark: 123</b> The Danish National Centre for Grief's Bereavement Program.  <i>Presenter: Line Engel Clasen</i>	<b>Ireland: 170</b> Changed Utterly? Findings from a national survey on public perceptions about the impact of the COVID-19 pandemic on attitudes towards death and grief in Ireland.  <i>Presenter: Siobhan Murphy</i>	<b>The Netherlands: 122</b> Traumatic anger: research findings and clinical applications in grief therapy.  <i>Presenter: Jos De Keijser</i>



Time	VANDSALEN (plenary room)	BALLONSALEN	BLOMSTERSALEN	ARKADEN 8
	RESEARCH I	PRACTICE	POLICY & EDUCATION	RESEARCH II
14.00-14.20	<p><b>United Kingdom: 190</b></p> <p>Is the quality of the pre-death relationship associated with the quality of the continuing bond?</p> <p><i>Presenter:</i> <i>Edith Maria Steffen</i></p>	<p><b>The Netherlands: 166</b></p> <p>Development of the Traumatic Grief Inventory-Kids-Clinician Administered (TGI-K-CA): An interview to assess Prolonged Grief Disorder in children and adolescents.</p> <p><i>Presenter:</i> <i>Iris Van Dijk</i></p>	<p><b>Germany: 178</b></p> <p>"Space for mourning" in society and community development - perspectives and opportunities.</p> <p><i>Presenter:</i> <i>Guenter Czasny</i></p>	<p><b>Denmark: 154</b></p> <p>Development and validity of the Aarhus Structured Clinical Interview for ICD-11 and DSM-5-TR Prolonged Grief Disorder (PGD-SCI).</p> <p><i>Presenter:</i> <i>Maja O'Connor</i></p>
<i>Coffee on the go / move to next location</i>				
14.45-15.45	<p><i>Heidi Müller BNE introduces level and keynote speakers:</i></p> <p><b>Keynote speakers Professor Dr. Birgit Wagner (DE) &amp; Psychotherapist Alba Payàs (ES) will speak to Level 3: (PLENARY ROOM)</b></p> <p><b>Title i:</b> Grief is normal and complicated: Prolonged Grief Disorder as a new diagnosis</p> <p><b>Title ii:</b> Building a treatment plan for Prolonged Grief Disorder</p>			
15.45-16.15	<p><b>Closing Session: Europe Connects - Call for action! Looking towards Ireland 2024.</b></p>			
<b>SEE YOU IN IRELAND 2024</b>				



## Posters

Id	Title	Family name	First name
<b>Level 0: Society: Grief Literacy, Advocacy &amp; Community (societal grief literacy &amp; awareness)</b>			
35	When Colleagues die -Effects of Grief in the Workplace on the Organizational Culture of Companies	Leyendecker	Kerstin
45	Deceased are not hazardous waste - grief in times of pandemic	Roth	David
55	The experience of Norwegian parents before and after losing a child to a drug-related death, how they perceive help and support and its influence on their bereavement processes	Titlestad	Kristine Berg
57	Norwegian siblings' experiences following Drug-Related Death: A Discourse Analysis on How Siblings Give Meaning to their Grief and Needs as Bereaved	Meen	Gunhild
63	When grief alienates - Validation of the Oxford Grief-Social Disconnection Scale (OG-SD) in a German sample of bereaved adults	Wanza	Caroline
72	Implementation and Evaluation of a National Bereavement Helpline in Response to the COVID -19 Pandemic in Ireland	Bates	Ursula
121	Shapes Of Grief Making Grief-Literacy & Grief-Training more accessible to the both the general public and those professionally supporting them	Gleeson	Liz
130	Exploring the playful side of grieving	Walker Pelham	Andrew Fiona
139	Children and adults want to talk about death, dying, loss and grief -experiences from Last Aid courses in many different countries	Bollig	Georg
161	Raising Awareness and Responding to the Needs of Bereaved Children	Keating	Maura
163	Middle- age adults coping with the loss of their parents	Tuval Mashiach	Rivka
193	Bereavement during Covid-19: Findings from a UK-wide online survey on the use and impact of informal and formal support among people bereaved during the pandemic	Selman	Lucy
226	The pandemic and the grieving processes: influence of sociodemographic, contextual and emotional variables in a Portuguese sample	Nogueira	Daniela
243	Challenges and Changes providing information, research and dissemination during the COVID-19 pandemic	Curran	Lorraine



250	Loss, grief and care - Nursing competence development targeted for patients receiving hemodialysis and their families	Marcussen	Jette
251	Parental death in young adults with divorced compared to non-divorced parents – The consequences on prolonged grief and mental health problems	Marcussen	Jette
252	Not just a family matter. Bereaved friends after the drug-related death	Lindeman	Sari
255	Transformative Outcomes [a Paradigm Shift] Through Expressive Writing for Adults Bereaved in Childhood - My Mother's Story: Gone Too Soon	Hohn Gosling	Michelle Mandy
<b>Level 1: Normal Grief: General Awareness &amp; Support (general support &amp; information)</b>			
60	Psycho-social follow up and emotional labour - Professionals' relating to bereaved after drug-related death	Reime	Monika Alvestad
61	Development and evaluation of a mobile app to provide bereavement support for teenagers in grief – a study protocol	Eklund	Rakel
74	How does support delivered by telephone improve or impair the psychological health of bereaved adults	Langford	Andy
80	BEST CARE - End-of-life and Bereavement Support for Families in cancer CARE: A survey study with bereaved family members	Naef	Rahel
84	Establishing a Hospice volunteer telephone bereavement service during the pandemic - sharing practice experience from Ireland	Mc Ginley	Estelle
150	Qualification in grief counselling during the pandemic	Kersting	Eva
156	The Death Doula/Death Midwife in Contemporary Ireland	Moran Stritch	Jennifer
185	Learnings from a Covid-era National Bereavement Support Line	Tierney	Catherine
196	Challenges and adaptations in bereavement care provision during a global pandemic. A national survey of Irish service providers	Roberts	Amanda
218	Children's Memory Garden	Boyle	Nuala
233	Comfort of touch in times of grief – the concept "respectare®"	Kiefer-Fischer	Daniela
<b>Level 2: Bereavement Support: Prevention &amp; Risk Factors (extra support)</b>			
1	From One to Eight Million Gods: Observations on Bereavement by a Hospice Psychologist	Aki	Morita
2	Life changing caused by the death of a parent experienced at a young age	Aho	Anna Liisa
3	The life changes of sibling survivors after a suicide of a brother or a sister	Aho	Anna Liisa
4	Negative life changes for relatives of victims of homicides	Aho	Anna Liisa
37	A Population-based Study of Continuing Bonds in Bereaved Parents after Losing a Child in Pregnancy, During or Shortly after Birth	Hvidtjørn	Dorte



81	Parents' religious/spiritual beliefs, practices, changes and needs after pregnancy or neonatal loss - A Danish cross-sectional study	Hvidtjørn	Dorte
144	The emotional impact on nursing staff who engage in Memory Making at end-of-life care in the Hospice setting	Mc Laughlin	Mary
173	A longitudinal study of associations between family communication and functioning and subsequent psychological symptoms in children after early parental death	Søholm	Amalie Aalund
180	Maintaining intimacy with those who are gone	Wolf	Tabea
181	Personal reminiscence styles and adaptation to bereavement: How meaning mediates their relationship	Wolf	Tabea
187	Der Trauerkompass - klientenzentriertes Persönlichkeitstypologie Modell für Trauernde	Förster	Maria
<b>Level 3: Complicated grief reactions: Diagnosis &amp; Treatment (therapy support)</b>			
17	Impact of resilience and social support on long-term grief in cancer-bereaved siblings: An exploratory study	Rasouli	Omid
47	Prolonged Grief Disorder (PGD) predictors in individuals parentally bereaved as adolescents or young adults: data from two Studies	Stephens	Madeleine
65	How to improve services to bereaved by drug-related deaths? People bereaved by drug-related deaths' needs for help compared to received help: A cross-sectional study	Titlestad	Kristine Berg
70	Symptoms of Prolonged Grief and Posttraumatic stress and functional impairment in close family members 8 years after the 2011 Utøya terror attack	Nordstrøm	Erik-Edwin Leonard
78	Group therapy for the treatment of Prolonged Grief Disorder	Rossi	Ruth
118	An integrative treatment program for parentally bereaved young adults based on letter writing	Larsen	Lene
140	The grief of close bereaved friends 1,5 – 8 years after the loss	Johnsen	Iren
141	Cognitive-behavioral therapy for elderly bereaved people with complicated grief reactions: Study protocol and preliminary findings	Komischke- Konnerup	Katrine B.
152	Surviving traumatic loss- Arguing the case for early interventions	Regel	Stephen
153	Operationalising prolonged grief disorder: A validation-study of the PG-13 among a general population sample of Danish bereaved adults	Vang	Maria Louison
167	A longitudinal study of associations between coping strategies and grief symptoms in adolescents after the loss of a parent	Dall Schaadt	Ida Cathrine Anne Sophie
171	Complicated grief in the context of the COVID-19 pandemic in Ireland: findings from a large national survey	Keegan	Orla



172	Seeing both sides of loss: Irish health and social care workers' experiences of end-of-life care and bereavement during the COVID-19 pandemic. Findings from a national survey	Keegan	Orla
182	Assimilation of the grief experience after suicide loss: a case study	Pinheiro	Patrícia
209	Not without my Sister Grieving after Prenatal and Infant Loss in the Family Context	Rutz	Birgit
220	The pandemic and the grieving processes: influence of sociodemographic, circumstantial and emotional variables in a Portuguese sample	Nogueira	Daniela
239	The importance of Group Intervention in Complicated Mourning: The contribution of participants in a pandemic context	Nogueira	Daniela
245	Formative research for the cultural adaptation of an online guided self-help intervention targeting prolonged grief disorder among Syrian refugees in Switzerland	Aeschlimann	Anaïs



# Social programme



## Welcome Reception hosted by Copenhagen City Hall, Wednesday evening 21st September 2022 at 19:00:

- Official welcome to the city by Line Ervolder, Vice-Chair of the Health and Care Committee of the City of Copenhagen
- City Hall Pancakes and refreshments will be served free of charge.

Please note that the reception will start punctually at 19:00

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## Conference Dinner at Hotel Admiral in Copenhagen and Canal boat tour Thursday evening 22nd September from 18.30 – 22.30:

- Departure from Tivoli Congress Center at 18.20 for a canal boat tour
- Experience Copenhagen from the canals (45 minutes)
- Arrival by boat at the Conference Dinner at 19.30
- An evening of meeting and networking with European colleagues
- Entertainment: performance by a choir and poetry reading

**Dress:** Informal

**Price:** DKK 800 / EUR 108



## Partners



### **The Danish National Center for Grief**

(DNCG) is a not-for-profit organization with a mission to advance treatment, research and education within the field of grief. The center is dedicated to supporting not only bereaved people, but also families and young carers with critically ill family members. Appointed by the Danish Board of Health, DNCG spearheads efforts to gather and disseminate information about complicated grief reactions and relevant evidence based treatment. Accordingly, the DNCG disseminates information about grief and grief reactions to health care providers as well as members of many other professions through training programs, lectures and publications. The center also works to increase awareness about the needs of bereaved people on a broader scale, that is within the general population, in places of employment, and among policy- and lawmakers. As a treatment facility with multiple locations throughout Denmark, the DNCG offers specialized treatment to bereaved people of all ages and the families and young carers of critically ill family members. In addition, DNCG coordinates volunteer based peer-to-peer grief support initiatives including support groups, a telephone helpline, and mentoring programs. Approximately 100 volunteers are involved in running these programs. In close collaboration with partners in Greenland, peer to

peer grief support initiatives are currently being developed. Finally, DNCG collaborates with universities, institutions and organizations within Denmark and abroad to improve the lives of people facing serious illness and death within their families. We are therefore proud and happy to serve as the administrative host organization for Bereavement Network Europe and as co-host for the inaugural European Grief Conference 2022 in Copenhagen. <https://sorgcenter.dk/>





### The Bereavement Network Europe

(BNE) is a broad-based collaboration of organisations, professionals, and volunteers from nations across Europe that works to improve support and understanding for bereaved people. Our vision is that there should be a Europe-wide culture of compassion and provision of excellent support for bereaved people. In order to realise this vision, the BNE aims to promote:

- The exchange and dissemination of information, innovation and good practice.
- Research into the impact of bereavement.
- Research into the most effective interventions and support.
- Understanding about the impact of different cultures, provision and policies on the grieving process.
- Advocacy for the needs of bereaved people and the provision of appropriate services and support.

In order to achieve our aims we will:

- Provide opportunities for networking and sharing of information, including conferences, international workshops and through electronic media.
- Support research projects by facilitating partnership working and joint funding bids.

- Provide data to inform policymakers and service providers about differences in provision.
- Attract members and supporters who share our vision and mission.
- Secure funding and resources to support activities to further our aims.

Practitioners, educators, and researchers united in a European movement, with all its linguistic and cultural diversity, will have a lot to offer with respect to understanding and supporting bereavement. <https://bereavement.eu>



DEPARTMENT OF PSYCHOLOGY  
AND BEHAVIOURAL SCIENCES  
AARHUS UNIVERSITY

**Aarhus University** is a dynamic, modern and highly international university. Since its founding in 1928, it has grown to become a leading public university with international impact and reach across the entire research spectrum. Rooted in strong disciplines, researchers and students have been generating new knowledge here for over 90 years. Aarhus University is Denmark's second-largest university, with 38,000 students, five faculties, research activities all over the country. Today, Aarhus ranks among the top 100 universities in the world in several international rankings out of over 17,000 universities worldwide.

The Department of Psychology and Behavioural Sciences is one of the five faculties at Aarhus University.

The Unit for Bereavement Research was established in 2016 at the Department of Psychology and Behavioural Sciences. Unit for Bereavement Research has the mission to contribute to and advance the field of bereavement research with a focus on natural and complicated grief reactions across the lifespan. Main aims are 1) to contribute with epidemiological knowledge about grief reactions by identifying characteristics of natural grief reactions and to identify the prevalence of and risk factors for different types of complicated

grief reactions with a particular focus on the new diagnosis Prolonged Grief Disorder (PGD). 2) to contribute with research about evidence-based screening tools and interventions for identifying and treating different types of complicated grief reactions with a specific focus on PGD. We specifically aim to develop, test, and implement new evidence-based treatment methods for PGD. This is accomplished by different research methods such as meta-analyses and randomized controlled trials.

To achieve these aims, we use a combination of qualitative and quantitative research methods, as well as developing theory and presenting the achieved knowledge to the public.

The Unit for Bereavement Research is managed by Associate Professor and authorized psychologist Maja O'Connor.

<https://psy.au.dk/en>

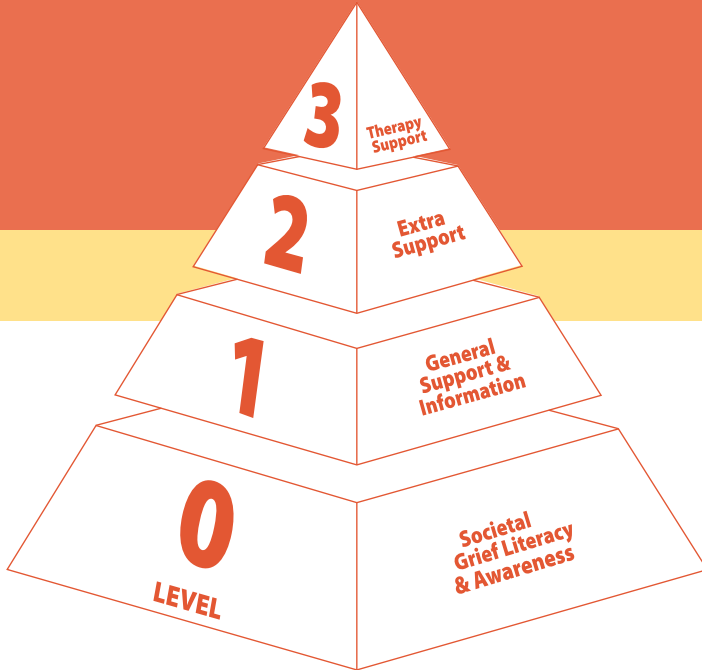


**Irish Hospice Foundation** (IHf) is a national charity that addresses dying, death and bereavement in Ireland. We were founded in 1986 and our vision is an Ireland where people experiencing dying, death and bereavement are provided with the care and support that they need.

As leader in the development of end-of-life and bereavement care, we work in collaboration with bereavement care providers and charities to provide information, resources and programmes for individuals, families, communities and workplaces. Leading on national collaborative projects we have developed the Adult Bereavement Care Pyramid as a framework for policy, planning and provision of bereavement care across Ireland. With support from the statutory service charged with care for children (TUSLA), we host the Irish Childhood Bereavement Network as a supportive platform for those supporting bereaved children. We provide direct bereavement care through our Bereavement Support Line and a wide range of information and digital bereavement services. Training and education are key activities and we provide a range of training and education programmes, including postgraduate programmes through our university partner, the Royal College of Surgeons in Ireland. International and European collaboration is something we value highly and networking is a core part of our work.

We are delighted to be a sponsoring partner for the first European Grief Conference and look forward to welcoming delegates to Ireland in 2024.

<https://hospicefoundation.ie/>



## European Grief Conference - EGC2022 - will have four overarching themes:

**Level 0:** Grief Literacy, Advocacy & Community (societal grief literacy & awareness). Here public education about grief empowers individuals, communities, and decision-makers to increase the public's understanding of bereavement and support needs of bereaved persons.

**Level 1:** Normal Grief: General Awareness & Support (general support & Information). Here the focus is on having access to information and adequate support, for example, available from family, social, and care networks.

**Level 2:** Bereavement Support: Prevention & Risk Factors (extra support). A range of identifiable risk factors contribute to the fact that some bereaved people need additional organized support, for example in the form of peer-led groups, psycho-education in community settings.

**Level 3:** Complicated grief reactions: Diagnosis & Treatment (therapy support). Smaller proportions of bereaved people with additional stressors and disruptions to their grief will require specialist therapeutic responses.